



CHINLEY PRIMARY SCHOOL

ANTI-BULLYING POLICY

DEFINITION OF BULLYING

The children and staff at Chinley Primary School have defined bullying as: "Being made unhappy by the deliberate and continued actions and or words of others". These might include any of the following:-

- Name calling
- Threats – verbal or non-verbal
- Violence
- Ignoring
- Invading privacy or personal space
- Interfering with property
- Ridiculing
- Demanding money
- Deliberately failing to recognise someone's efforts or worth
- Inciting others to act in any of the above ways
- Threats or name calling on-line - cyberbullying

There are many varied reasons why people become bullies but a common theme is their need to be in control of someone or of a situation, giving them a feeling of power. This is often the result of having no power over some other aspect(s) of their lives – perhaps they are being bullied themselves.

EFFECTS OF BULLYING

- Bullying undermines a person's self esteem
- They can feel worthless, and somehow to blame for what is happening to them
- They can feel unwilling to participate in group events or even to come to school each day.
- They can feel helpless, unhappy and demoralised.
- They can feel that they have lost the right to be themselves and are unable to report the situation in case it makes it worse.

HOW DO WE STOP BULLYING AT CHINLEY PRIMARY?

- We ensure that there are lots of opportunities to discuss what children and adults should do and how they should act in bullying situations. This can be done in circle time or in drama.
- The Chinley Primary School community takes part in Anti-bullying activities as part of the annual Anti-bullying week; as a school we follow the Character Education PSHEE programme which addresses respect for others and bullying issues.
- We will encourage children to see that others have the same right as themselves – the right to be an individual.
- We will make it clear that it is alright to admit to being bullied.
- We will use the support of other children to challenge/prevent bullying behavior. This can include the 'no blame' approach in which the bully is encouraged to see and help heal the harm done by his/her actions.
- We will encourage the children to adopt a 'Do as you would like to be done by' approach to their treatment of others.



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- We will encourage all personnel to see differences between us as strengths
- We will ensure that the children realise that they are involved in bullying if they see it happening yet do nothing. There is no such thing as a bystander or observer.
- We will work with parents of children who persist in bullying, and those who we know/suspect might be being bullied so that we can work together to help the children overcome their feelings.
- We will encourage the children to make posters for their own areas to advertise no bullying.
- We will produce a booklet for the children by the children to help with the recognition and prevention of bullying.
- We will listen attentively to any child who comes to us with tales of bullying incidents.
- All children take part in programmes of e-safety which explore issues such as cyberbullying.
- We will ensure that all children and their parents understand and agree to on-line behaviour agreements.
- Raising awareness that bullying of all kinds including on-line is unacceptable and information is published on the school website supporting this through policy.

RECORDING AND REPORTING

- **We will keep records of incidents that we become aware of and how we responded to them.**
- We will follow up after incidents to check that the bullying has not started again. We will do this within two weeks, and again within the following half term.
- We will also work with pupils who have been involved in bullying others to ascertain the sort of support that they need.
- Any incidents of bullying which are deemed to have a racist element will be reported to the local authority through the racist incident report form.
- Any incidents of bullying will be reported to the Governing Body as part of the Headteacher's report.
- On-line bullying or breaches of e-safety incidents are followed up with the Headteacher and records are kept as with any other form of bullying.

Bullying Policy reviewed by Peter Lambert
November 2022

Agreed by Governing Body Committee:
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